

Romidepsin (Istodax, NSC 630176, FR901228, FK228, Depsipeptide): A Natural Product Recently Approved for Cutaneous T-Cell Lymphoma

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Abstract:

Romidepsin (Istodax), a selective inhibitor of histone deacetylases (HDACs), was approved for the treatment of cutaneous T-cell lymphoma in November 2009 by the US Food and Drug Administration. This unique natural product was discovered from cultures of *Chromobacterium violaceum*, a Gram-negative bacterium isolated from a Japanese soil sample. This bicyclic compound acts as a prodrug, its disulfide bridge being reduced by glutathione on uptake into the cell, allowing the free thiol groups to interact with Zn ions in the active site of class I and II HDAC enzymes. Due to the synthetic complexity of the compound, as well as the low yield from the producing organism, analogs are sought to create synthetically accessible alternatives. As a T-cell lymphoma drug, romidepsin offers a valuable new treatment for diseases with few effective therapies.

Keywords: Chromobacterium violaceum | cutaneous T-cell lymphoma | depsipeptide | histone deacetylase inhibitor | Istodax | romidepsin

Article:

Introduction to Histone Deacetylase (HDAC) Inhibitors

Alteration of gene expression because of epigenetic modification of the chromatin structure has been implicated as an important factor in tumorigenesis.^{1,2} In chromatin, DNA is tightly coiled around core histone proteins, forming nucleosomes; linker histones bind nucleosomes together as chromatin. Methylation, acetylation, phosphorylation, ADP-ribosylation or ubiquitination of the histone tail regions affect the binding of the histone proteins to DNA, changing the structure of the chromatin and subsequently the accessibility of transcription factors to DNA regions.³ Such

epigenetic processes alter levels of gene expression without changing the nucleotide sequence.⁴ Of these modifications, histone acetylation is the most widely studied, because of its role in the development and progression of tumors.²

Histone acetylation is controlled by histone acetyltransferases and histone deacetylases (HDACs). Histone acetyltransferases direct the addition of acetyl groups to lysine residues in the amino-terminal histone tails, neutralizing that portion of the protein and relaxing the chromatin structure, thereby increasing accessibility of transcription complexes as well as recruiting transcription cofactors.^{2, 3, 5, 6} Conversely, HDACs remove acetyl groups from the histone tails, resulting in a more compact and inaccessible form of chromatin, consequently silencing transcription.^{2, 3, 5} These effects are highly localized, and only 2–5% of encoding genes are transcriptionally regulated by the histone acetylation state.² Importantly, this selection includes genes that control the cell cycle and apoptosis, and HDACs have been associated with several well-characterized oncogenes and tumor-suppressor genes.^{7, 8} Certain tumors have overexpressed HDACs and downregulated or mutated histone acetyltransferases.⁹ It has been suggested that an imbalance of HDAC relative to histone acetyltransferase activity can lead to a diminished expression of such regulatory genes and ensuing tumorigenesis.⁹

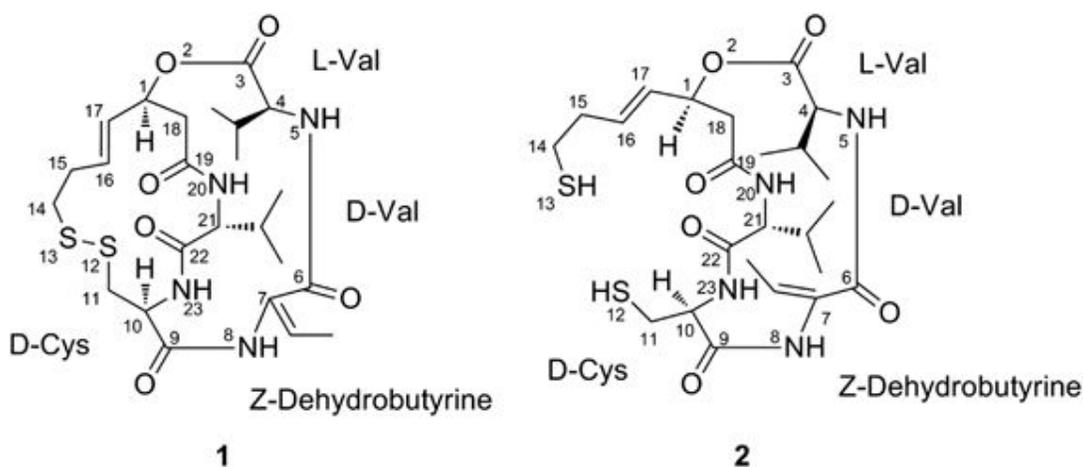


Figure 1. Structures of romidepsin (**1**) and the reduced counterpart (**2**). (Note that the structures of romidepsin (**1**) and its reduced counterpart (**2**) were published incorrectly in the review by Grant *et al.*¹⁷) The numbering of **1** is based on Xiao *et al.*¹⁶

HDAC inhibitors have been found to have therapeutic properties in many different human tumor cell lines, including those derived from the bladder, breast, prostate, lung, ovary and colon, among others,¹⁰ indicating that the inhibition of HDAC activity may be a viable strategy for the treatment of cancers.^{11, 12, 13} It is also likely that HDAC inhibitors affect a number of subcellular pathways, and time will tell what impact these other mechanisms have on treatment of cancer and/or other diseases. HDAC inhibitors can be divided into four classes, namely hydroximates, cyclic peptides, aliphatic acids and benzamides.¹⁴ A new HDAC inhibitor, romidepsin, which has been referred to by several different names in the literature, including FK228, FR 901228, NSC 630176, depsipeptide and Istodax, is a pentapeptide isolated from cultures of *Chromobacterium violaceum*.¹⁵ The bicyclic depsipeptide structure of romidepsin (**1**, Figure 1) is composed of four amino acids (D-valine, D-cysteine, Z-dehydrobutyryne, L-valine) and (3*S*,4*E*)-3-hydroxy-7-mercapto-4-heptenoic acid, and the numbering of **1** is based on Xiao *et al.*¹⁶ (Note that the

structures of romidepsin (**1**) and its reduced counterpart (**2**) were published incorrectly in the review by Grant *et al.*¹⁷) Romidepsin was approved by the US Food and Drug Administration (FDA) in 2009 for use in patients with cutaneous T-cell lymphoma (CTCL).

Background on CTCL

The incidence of CTCL in the general population is estimated to be 1–4/100 000,^{18, 19} with approximately 1500 new cases and 500 deaths per year in the United States.²⁰ CTCL is twice as prevalent in males as in females, and the median age of presentation is 57 years. In the United States, the disease is also more common among African Americans than in other race categories.¹⁹ Approximately, 16 000–20 000 individuals in the United States are affected by CTCL.²⁰ One study from 1973 to 1984 found a 3.2-fold increase in the incidence of CTCL over that time period;²¹ a similar study from 1973 to 2002 reported a 3.4-fold increase in incidence over the course of the study.²²

The most common types of CTCL are mycosis fungoides (MF), so called because early physicians believed it to be a fungal infection, although it is not, and Sézary syndrome. The latter, the leukemic variant, is characterized by pruritus, generalized exfoliative erythroderma and abnormal lymphoid cells in the blood. On the other hand, the blood is usually not affected in MF, especially in the early stages. Skin lesions are characterized as patches, plaques or tumors that have a ‘bathing trunk’ distribution. The lymphoma may extend to cover a large surface area, lymph nodes, and, in later stages, viscera.

MF is the most common type of CTCL, and is characterized by pink or erythematous scaly patches and plaques, with varying degrees of scaling and pruritus.²³ At the time of diagnosis, the majority of patients with MF have limited plaques on $\leq 10\%$ of their total body surface. However, approximately one-third of them have extensive plaques. Relatively small proportions of patients present with cutaneous tumors (16%) or generalized erythroderma (12%). Non-skin lesions are more likely to be seen in later stage disease, with 8% seen in stage T2, 30% in stage T3 and 42% in stage T4. The primary non-skin and non-lymph node sites are lung, gastrointestinal, liver and central nervous system. Bone marrow involvement is rare in early stage disease.

CTCL is uniformly fatal. The ultimate cause of death for patients with CTCL is commonly infection, particularly sepsis, from *Pseudomonas aeruginosa* or *Staphylococcus aureus*, caused by chronic skin infection and subsequent systemic infections.²⁴ Prognosis is dependent on age as well as disease stage at diagnosis,²⁵ with earlier stage disease associated with higher 5-year overall survival and disease-free survival rates than later stage disease. The overall 5-year survival rate for patients with MF is 91%, while it is only 40% for those with Sézary syndrome.²⁶ Typically, those presenting with early stages of CTCL have a favorable prognosis, with around 95% 5-year survival;^{25, 27, 28} more advanced stages have lower survival rates ranging from 30 to 84%,^{25, 27, 28} again depending on form and stage of the cancer. According to one study, the 10-year survival rate drops from around 100% for those with stage T1 CTCL to 67% for T2; by stage T3, this number drops to 40%.²⁹ Although most patients present with the early-stage disease, approximately 10–20% of these will progress to a later and often fatal disease.^{25, 27, 30} Patients that undergo transformation to large-cell lymphoma have a mean survival ranging from 2 to 19 months.³⁰

Discovery and development of romidepsin

Romidepsin was discovered in the early 1990s through a program that was evaluating fermentation products for antimicrobial and antitumor activities. The producing organism, *C. violaceum*, is a Gram-negative, rod-shaped bacterium with a single polar flagellum. The strain was isolated from a soil sample collected in the Yamagata-prefecture, Japan.¹⁵ Presently, the commercial supply of romidepsin is generated via fermentation, although the yield and exact conditions are proprietary.

C. violaceum was cultured in nutrient broth with additional glucose and incubated at 30 °C aerobically with agitation. The organism reached stationary phase after 72 h, providing a maximal yield of romidepsin at this time of 19 µg ml⁻¹, which was present in the aqueous part of the culture. The fermentation was filtered, and the filtrate extracted twice with EtOAc. The extract was evaporated *in vacuo* to give an oily residue, which was then purified via normal phase chromatography to yield a yellow powder.

This powder was dissolved in CH₂Cl₂:CH₃OH:CH₃CN (10:1:20), and romidepsin crystallized as colorless prisms. It displayed weak antifungal but no antibacterial activity, but it showed potent cytotoxicity against several human lung carcinoma cell lines, as well as human stomach, breast and colon adenocarcinoma cell lines.¹⁵ The structure of romidepsin (**1**), which is a cage-shaped bicyclic depsipeptide, was determined using a combination of spectroscopic techniques, primarily NMR and X-ray crystallography.³¹

Romidepsin demonstrated the ability to reverse the effects of the *ras* oncogene *in vitro*, which has been shown to have a role in tumor development; expression of the Ha-*ras* oncogene appears to be directly correlated with tumorigenic potential.³² As a result of romidepsin's ability to reverse the *ras*-transformed phenotype to normal, as well as its cytotoxic effects, it was developed initially by the US National Cancer Institute (NCI) as an anti-*ras* compound,^{33,34} but recently it has been shown to be an HDAC inhibitor.^{35,36} A program screening a number of known microbial metabolites for transcriptional activation of the SV40 promoter identified romidepsin as an antitumor compound.³⁵ Comparison of its activity to that of trichostatin A (a known HDAC inhibitor) revealed that romidepsin was a new HDAC inhibitor.³⁵

Defining a clear path for the development of romidepsin was complicated somewhat because of the many different parties involved. Fujisawa Corporation (now Astellas) discovered the compound in the early 1990s via a search for molecules that would revert the *ras*-driven oncogenic phenotype, and then, under a Cooperative Research and Development Agreement, further oncology investigations were initiated by the US NCI in 1998. When the NCI confirmed that romidepsin was a powerful anticancer agent, Fujisawa Corporation initiated their own, separate clinical trials program in 2002. Romidepsin was licensed to Gloucester Pharmaceuticals in 2004; the company was later acquired by Celgene Corporation (Summit, NJ, USA) in 2010. Gloucester approached the US FDA (beginning in 2004), obtained both Orphan Drug Status and Fast Track Status, and were able to come to an agreement, through the FDA Special Protocol Assessment process, on a path to approval, which was a pivotal single arm (phase II) design, although data from the NCI's ongoing study was also to be part of the new drug application

filing. Essentially, the activity of romidepsin, coupled with the unmet medical need in CTCL, were persuasive enough arguments to move the drug forward.

Mechanisms of action

Romidepsin is converted in cells to its active form by the reduction of the disulfide bond by glutathione, resulting in a monocyclic dithiol (**2**, Figure 1),^{16,37} and thus romidepsin serves as a prodrug that is activated only after uptake into cells. This reduced form of romidepsin (**2**) is inactivated rapidly in serum, perhaps due to sequestration by serum proteins.³⁷ A cysteine in the active site pocket (Cys-151 in HDAC1) was thought to covalently bind with the reduced sulfur atom at position 13, but a mutant HDAC1 in which Cys-151 was replaced by a serine was still sensitive to romidepsin, though a higher concentration (~eightfold) of the drug was necessary for inhibition.³⁷ This fact, combined with the reversibility of the inhibition, suggests that while the cysteine may have a role in the affinity of the drug, it most likely does not bind covalently to the sulfur atom.³⁷ Crystallographic and computer modeling studies using a HDAC-trichostatin A complex suggested that one of the thiol groups of the reduced depsipeptide interacts with zinc ions in the active site pocket of certain enzymes, preventing access of the substrate.³⁸ A computer modeling study by Furumai *et al.*³⁷ concluded that when interacting with HDAC1 the sulfur atom of the reduced romidepsin was located at a position that allowed interaction with the zinc ion via a water molecule. They also suggested that, based on a similar mechanism in protease inhibitors, the sulfur may tetrahedrally coordinate with the zinc, displacing the water molecule.³⁷ The interaction between the thiol group and the active site of the enzyme prevents other substrates from binding.

The reduced form more strongly inhibits HDAC1 and HDAC2 enzymes (class I) than HDAC4 and HDAC6 enzymes (class II).³⁷ By inhibiting class I HDAC, romidepsin inhibits the removal of acetyl groups from the lysine residues of *N*-terminal histone tails, maintaining a more open and transcriptionally active chromatin state.⁵ In addition, romidepsin also results in altered acetylation of other nuclear and cytoplasmic proteins, although the precise pathways by which it affects the cell cycle, apoptosis and angiogenesis have not been defined completely.³⁹

Cell cycle arrest

The induction of growth arrest and/or apoptosis by romidepsin depends on the cell line tested and the concentration of drug applied.³⁹ Growth arrest, as opposed to apoptosis, is the predominant response in cell lines in which the application of romidepsin induces the expression of the p21 tumor-suppressor gene.⁴⁰ Cell lines with reduced p21 expression preferentially undergo apoptosis.⁴¹ Tumor cells are more susceptible to romidepsin than normal cells,¹⁵ a fact that leads to a viable therapeutic index in the clinic.

Direct acetylation of non-histone proteins may also trigger growth arrest or apoptosis, and several pathways have been studied, although the complete role of HDAC inhibitors is not fully understood. Exposure of whole cells to romidepsin results in a decrease in cyclin D1 and c-Myc, accompanied by an increase in p53-independent p21 WAF1/Cip 1 induction. The p21 induction leads to inhibition of cyclin-dependent kinase and dephosphorylation of the retinoblastoma protein, which results in early G1 phase cell cycle arrest.^{42, 43} A different mechanism involves

altered expression of cyclin A and D, and p27/Kip1, again resulting in reduced cyclin-dependent kinase activity and cell cycle arrest.⁴³

Apoptosis

There are two mechanisms leading to apoptosis: the death receptor pathway and the intrinsic pathway.⁴⁴ Although exposure to romidepsin and other HDAC inhibitors can lead to hyperacetylation of death receptor promoters, including tumor-necrosis factor-related apoptosis-inducing ligand, death receptor 5, Fas ligand and Fas,⁴⁵ the significance of this mechanism does not seem to be universally acknowledged. Some leukemia cells do not show induction of the tumor-necrosis factor-related apoptosis-inducing ligand or Fas pathways, or undergo apoptosis after exposure to HDAC inhibitors.⁴⁶ The intrinsic pathway involves the perturbation of mitochondrial membranes resulting in the generation of reactive oxygen species. In normal cells exposed to HDAC inhibitors, reactive oxygen species do not accumulate because of breakdown by thioredoxin; some tumor cells that do not express the thioredoxin gene accumulate reactive oxygen species and undergo apoptosis.⁴⁴

Romidepsin has also been shown to increase acetylation of the HSP 90 chaperone protein, causing proteasomal degradation and inducing apoptosis.⁴⁷ The proteasome inhibitor bortezomib appears to work synergistically with HDAC inhibitors,⁴⁸ but it is interesting that the HSP 90 inhibitor, geldanamycin, antagonizes HDAC inhibitor activity.⁴⁹

Angiogenesis inhibition

Romidepsin inhibits hypoxia-induced angiogenesis of endothelial cells *in vitro*, but does not cause cytotoxicity. It decreased angiogenesis in a chick embryo model, with no signs of thrombosis or hemorrhage, and inhibited angiogenesis strongly in mouse model tumors.⁵⁰ Romidepsin appears to reduce angiogenic-stimulating factors such as vascular endothelial growth factors, vascular endothelial growth factor receptor, FLT1 and FLK1, and increases induction of angiogenic inhibitory factors VHL and neurofibromin 2;⁵⁰ however, the correlation between anti-vascular endothelial growth factor activity and *in vivo* efficacy has not been established.

Pharmacology

Pharmacokinetics

A two-compartment model with linear kinetics can be used in the pharmacokinetic analysis of romidepsin.^{51, 52} Two dosing schedules were studied in separate phase I trials. One schedule involved a 4-h infusion on days 1 and 5 of a 21-day cycle, where the maximum tolerated dose (MTD) was determined as 17.8 mg m^{-2} ,⁵² while the second involved a 4-h infusion on days 1, 8 and 15 of a 28-day cycle, where the MTD was determined as 13.3 mg m^{-2} .⁵³ With both schedules, romidepsin exhibited linear pharmacokinetics up to the MTD.^{52, 53} Total clearance volumes in adults have been reported as $4.8 \text{ l h}^{-1} \text{ m}^{-2}$ at a 13 mg m^{-2} dose,⁵⁴ and $10.5 \text{ l h}^{-1} \text{ m}^{-2}$ at a 17.8 mg m^{-2} dose.⁵² A phase I study in pediatric patients (2–21 years, median age 13) with refractory solid tumors who received romidepsin in 4-h infusions of 17 mg m^{-2} reported a

clearance volume of $6.8 \text{ l h}^{-1} \text{ m}^{-2}$.⁵⁵ The elimination half-life has been reported as 3.5 h^{51} and 3.67 h^{54} at 13 mg m^{-2} , and 8.1 h^{52} at 17.8 mg m^{-2} .

Pharmacodynamics

A typical assay for pharmacodynamic studies is to monitor histone acetylation of peripheral blood mononuclear cells (PBMCs).^{52, 55, 56} Increased acetylation is observed in PBMCs of patients after treatment with romidepsin, with maximal accumulation of acetyl H3 histones in PBMCs occurring at 4 h after the end of an infusion.⁵⁵ A study in patients with acute myelogenous leukemia and chronic lymphocytic leukemia using a 4 h 13 mg m^{-2} infusion on days 1, 8 and 15 of a 28-day cycle reported 100% histone acetylation of H3 and H4 histones for all chronic lymphocytic leukemia patients after 4 h, and for six out of seven chronic lymphocytic leukemia patients after 24 h.⁵⁴ This study also reported an increase in p21 protein expression concurrent with H4 acetylation of the p21 promoter gene.⁵⁴

A phase II study of T-cell lymphoma patients monitored several biomarkers: PBMCs histone acetylation, *ABCB1* gene expression in PBMCs, *ABCB1* gene expression in biopsy samples and blood fetal hemoglobin (HbF) levels.⁵⁷ A global increase in PBMCs histone acetylation was reported in 73% of patients within 4 h of treatment, and in 40% of patients after 24 to 48 h.⁵⁷ The number of patients having a twofold or higher than baseline *ABCB1* expression in PBMCs was 56% at 4 h, and 30% at 48 h.⁵⁷ A fourfold or greater increase in circulating HbF was reported in 60% of the patients. The histone H3 acetylation in PBMCs at the 24-h time point appeared to correlate with response; there was no correlation between the levels of *ABCB1* induction and pharmacokinetic parameters, or between *ABCB1* induction in biopsy samples and clinical disease response.⁵⁷ These data suggested that peak drug concentration (C_{max}) and overall exposure were important in determining response.^{17, 57}

T-cell lymphoma clinical trials

In preclinical studies, greater antitumor activity was observed with intermittent administration than with daily administration.⁵² Short infusions (>30 s to 4 min) and prolonged infusions (>24 h) caused greater toxicity than infusions of 1–4 h.⁵² Therefore, in phase I trials, romidepsin was tested using a 4-h i.v. infusion. Patients who consent to be treated in phase I trials have cancers for which no known standard therapy exists, or such therapy has already failed, so that patients are not denied any curative or definitely life-extending options. One phase I study⁵² administered a 4-h infusion on days 1 and 5 of a 21-day cycle; the MTD was defined at 17.8 mg m^{-2} with dose-limiting toxicity manifest as grade-3 fatigue, grade-3 nausea and vomiting, grade-4 thrombocytopenia (low platelet levels) and grade-4 cardiac arrhythmia. Another phase I study⁵³ administered romidepsin in a 4-h infusion on days 1, 8 and 15 of a 28-day cycle; the MTD in this trial was defined at 13.3 mg m^{-2} with dose-limiting toxicity manifesting as grade 3 thrombocytopenia and fatigue. A partial response was seen in a patient with renal cell carcinoma.⁵² Several patients with T-cell lymphoma (cutaneous or peripheral) exhibited significant reductions in skin lesions and tumor size after treatment with romidepsin.^{53, 58}

Owing to the dramatic responses seen in phase I trials, a phase II trial to define the response rate and toxicity profile in patients with T-cell lymphoma was initiated.⁴⁰ Romidepsin was

administered via a 4-h infusion on days 1, 8 and 15 of a 28-day cycle. Complete responses were observed in 4 patients (6%), and partial responses were observed in 20 patients (28%).⁵⁹ The toxicities observed were consistent with those reported previously, including extreme fatigue, nausea and vomiting.⁵² Granulocytopenia (failure of bone marrow to make white blood cells) and thrombocytopenia (low platelet counts) were observed as well, with values returning to baseline by the next cycle of treatment.⁵⁹

Table 1. Clinical trials of romidepsin

| Phase | Target disease | Number of patients | Dose and schedule | Outcome | References |
|-------|---|-----------------------|---|---|----------------|
| I | Advanced or refractory neoplasms | 37 | 17.8 mg m ² Day 1 and 5 of a 21-day cycle | Dramatic response in two patients with T-cell lymphoma | 52, 58 |
| II | Cutaneous and peripheral T-cell lymphoma | 98 | 14 mg m ² Day 1, 8 and 15 of a 28-day cycle | 34% response rate, complete response in four patients. Cardiac pharmacokinetic, and pharmacodynamic data acquired | 51, 57, 59, 60 |
| II | Refractory cutaneous T-cell lymphoma | 96 | 14 mg m ² Day 1, 8 and 15 of a 28-day cycle | 34% response rate, six patients with complete response | 61 |
| I | Advanced cancers | 33 | 13.3 mg m ² Day 1, 8 and 15 of a 28-day cycle | No demonstrated activity | 53 |
| I | Chronic lymphocytic leukemia and acute myeloid leukemia | 10 (CLL), 10 (AML) | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | Some clinical activity; more evident anti-leukemic activity in CLL patients | 54 |
| I | Children with refractory or recurrent neoplasms | 18 | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | No objective responses | 55 |
| I-II | Acute myelogenous leukemia and advanced myelodysplastic syndromes | 9 (AML), 3 (MDS) | 18 mg m ² Day 1 and 5 of a 21-day cycle | Limited clinical activity, although results indicated genetics may play a role in patient response to the drug | 56 |
| II | Acute myeloid leukemia | 20 | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | Limited antileukemic activity, possibility for combination therapy | 62 |
| II | Colorectal cancer | 25 | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | No objective responses | 63 |
| II | Lung cancer | 19 | 17.8 mg m ² Day 1 and 7 of a 21-day cycle | Limited clinical activity, possibility for combination therapy | 64 |
| II | Refractory metastatic renal cell cancer | 26 | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | Limited clinical activity | 65 |
| II | Metastatic castration-resistant prostate cancer | 35 | 13 mg m ² Day 1, 8 and 15 of a 28-day cycle | Limited antitumor activity, possibility for combination therapy | 66 |

Abbreviations: AML, acute myelogenous leukemia; CLL, chronic lymphocytic leukemia; MDS, myelodysplastic syndrome.

Clinical trials of romidepsin

Table 1 highlights the published clinical trial data on romidepsin; all of the phase I trials were on patients who had non-responsive cancers. The favorable results of the NCI-sponsored multi-institutional phase II trial,^{51, 57, 59, 60} followed by consistent results by the pivotal phase II trial conducted by Gloucester Pharmaceuticals⁶¹ led to the approval by the US FDA in November of 2009.

Toxicity and side effects

Cardiac toxicities were a primary concern in the early clinical trials because of preclinical results, leading to electrocardiograms (ECGs) and other measures related to cardiac function being taken before and after every treatment.⁵² Many of the early toxicities were abnormalities of the ECG waveform, which represent repolarization abnormalities in the electric functioning of the heart; grade 1 T-wave flattening or grade 2 ST segment depression was observed in more than half of the ECGs, but although these abnormalities can also be indicative of cardiac ischemia, in the case of romidepsin this was not so, because they were not associated with elevation of cardiac troponin or with altered left ventricular function.⁶⁰ Further follow-up over 3 years with a larger body of clinical data confirms that the ECG abnormalities are not clinically significant nor indicative of any real cardiac toxicity.³⁹ Therefore, this observation is no longer a clinical concern, except that patients are screened with an ECG to check for pre-existing cardiac rhythm abnormalities, including the very rare congenital long QT syndrome, which is a condition where the interval between the Q-wave and the T-wave on the ECG is prolonged, and this can lead to further, even fatal, problems if the electrical circuitry of the heart is further affected in these patients.

The majority of patients receiving romidepsin experience nausea, vomiting and anorexia,^{17, 52, 54, 59, 65} and Grant *et al.*¹⁷ note that the antiemetic routine followed at the NCI was to administer 1 mg granisetron i.v. before romidepsin, followed by 1 mg orally every 12 h for 3 days.¹⁷ Progressive fatigue and occasional fever were also noted with romidepsin.^{52, 53, 54, 59, 65} Also of concern are the hematological side effects; regular blood tests are administered to patients on romidepsin to monitor these symptoms. (This information comes from the package insert.) Leukopenia, granulocytopenia and thrombocytopenia were all observed; in each case the effect is quickly reversed after cessation of the treatment.^{17, 59}

Synthetic studies

The main challenges in romidepsin synthesis include the asymmetric construction of the hydroxy mercapto heptenoic acid unit, the 16-membered cyclic depsipeptide ring itself (that is, four amino acids and hydroxy mercapto heptenoic acid), and the intramolecular oxidative coupling of the thiol moieties to produce the stable prodrug form of the molecule. The total synthesis was first completed in 1996 in 14 steps with an 18% overall yield.⁶⁷ An improved synthesis utilizing nine steps with a 13% overall yield was published in 2007,⁶⁸ using, as in the first scheme, an asymmetric acetate aldol reaction and a lactonization step for macrolization. In 2008, Wen *et al.*⁶⁹ utilized a lactamization as an alternative route to cyclization, reporting increased cyclization efficiency. However, due both to the chemical complexity of synthesis and the low yield of the

producing organism, development was hindered mainly by shortages of the product.⁷⁰ Therefore, attempts have been made to develop active analogs.

Using a series of synthetic analogs, Yurek-George *et al.*⁷¹ were able to examine the importance of several features of the romidepsin structure. They concluded that while the thiol group at position 13 does indeed function as a Zn-binding group within the HDAC active site, the cysteine residue is non-essential, provided that the Zn-binding thiol remains protected as in the oxidized pro-drug form.⁷¹ This assertion is supported by work done with linear compounds in which the thiol was masked as a thioester, undergoing enzymatic hydrolysis in the cell to produce the free thiol.^{72, 73} Yurek-George *et al.* also found that the unsaturated *Z*-dehydrobutyrine residue, which could be susceptible to a Michael addition, could be replaced by less reactive side chains (for example, **3** and **4**, Figure 2) with no loss in *in vitro* potency, but that the macrocyclic scaffold itself was an essential component of HDAC inhibition.⁷¹ However, several small methyl ester structures without the macrocyclic backbone have proved to induce hyperacetylation in *Drosophila* S2 cells.⁷⁴ These structures retain the disulfide link of romidepsin, thus preserving its prodrug quality. The analogs studied consisted of several small cyclic disulfides; the number of methylene units in the ring was varied to provide a range of lengths for the linker from the ester to the reduced thiol group.⁷⁴ Studies with HDAC inhibitors trichostatin A and suberoylanilide hydroxamic acid (SAHA) showed important interactions between the drugs and several phenylalanine residues surrounding the enzyme active site pocket,³⁸ so the methyl ester was used to attach various lipophilic caps, in an effort to improve enzyme interaction.⁷⁴

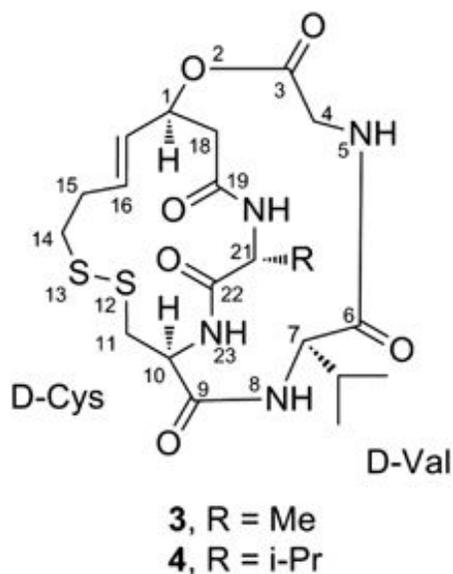


Figure 2. Structures of two romidepsin analogs (compounds **3** and **4**), where the *Z*-dehydrobutyrine (*Z*-Dhb) residue, which may be susceptible to a Michael addition, has been replaced with a valine moiety.⁷¹

Despite these interesting medicinal chemistry studies, to the best of our knowledge, no analogs of romidepsin are in advanced stages of development.

Conclusions

Romidepsin, a potent HDAC inhibitor, offers a promising new treatment for a disease with few existing therapies. This natural product was approved by the US FDA in November of 2009 for use in patients with CTCL under the trade name Istodax marketed by Celgene Corporation. The dosing schedule was approved as 14 mg m⁻² on days 1, 8 and 15 of a 28-day cycle. (This information comes from the package insert.) After a year of approval as an antineoplastic agent, preliminary information suggests that romidepsin is finding a real place in the treatment of CTCL, and the activity and manageable toxicity are helpful for both patients receiving treatment and doctors prescribing it (personal communication by several medical doctors to WM). At the time of preparation of this review, a supplemental new drug application was being prepared for peripheral T-cell lymphoma,⁷⁵ and only time will tell if romidepsin's use expands to the treatment of other cancers.

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