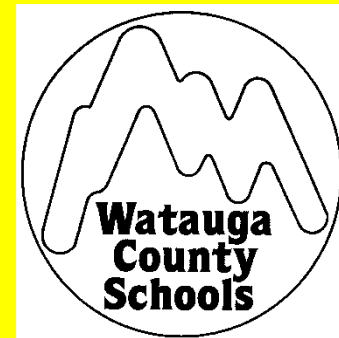


Background and preliminary results of a growing interdisciplinary rural school mental health collaborative

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2009 Rural Mental Health Symposium

Assessment, Support, and Counseling (ASC) Center

- WHS and other stakeholders
- Services Available
 - Crisis Intervention
 - Teacher Consultation
 - Education
 - Assessment
 - Brief Therapy
 - Referral



Evolution of a Partnership



WATAUGA HIGH SCHOOL



Innovative Approaches

- Interdisciplinary and interagency approach in an educational setting
 - Counselors
 - Social Workers
 - Teachers
 - Administrators
 - Staff
 - New River Behavioral Healthcare
 - Resource Officers
 - ASU Affiliates



BOONE POLICE

POLICE

286715

NO PARKING

Weekly Interdisciplinary Staffing



Justification for the ASC Center

- Caring about children and families
- No hidden agenda
- Reduce stigma
- Reduce barriers to access (e.g., transportation, financial constraints)
- Getting the necessary stakeholders involved

Evolving Service Model

- Go to where the youth are
- Serve at the pleasure of the school
- Reach out
- Provide access to resources
- Focus on issues that have mental health implications
 - Academic success
 - School connectedness
- Accelerate, expedite access to resources

Evolving Service Model

- Strong educational component
- For graduate students, vertical (and interdisciplinary) team model
- For school staff, weekly intra- and interagency collaboration

Core Features

- Multiple levels of supervision
 - Increased monitoring
 - Consultation
 - Violence and suicide risk assessments
 - Coordinated safety plans
 - Multi-layered accountability
 - Law enforcement integrated

Future Directions

- Michael, K. D., Renkert, L. E., Wandler, J., & Stamey, T. (in press). Cultivating a new harvest: Rationale and preliminary results from a growing interdisciplinary rural school mental health program. *Advances in School Mental Health Promotion*.

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