

ABSTRACT

Recent studies have demonstrated the seriousness of bullying in American schools. In a nationally representative sample of over 15,686 students in the United States, 30% self-reported frequent involvement in bullying at school, with 13% participating as a bully, 11% as a victim, and 6% as both. School bullying is associated with numerous physical, mental, and social detriments. A relationship also exists between student bullying behavior and school issues such as academic achievement, school environment, and absenteeism. Prevention of school bullying should become a priority issues for schools.

The purpose of this document is to assist administrators and teachers dealing with bullying in their schools. Background information about the term "bullying" is provided along with descriptions of different proven bullying programs for school settings. One specific proven bullying program is selected and implemented for a pilot study in an elementary/middle school setting demonstrating bullying behaviors. Methodology of the program components is specifically outlined and results of program implementation are evaluated. Conclusions are made discussing the importance of professional staff development relating to the topic of bullying in the school setting.

