EVALUATION OF THE DAY TREATMENT PROGRAM AT BROWN CREEK CORRECTIONAL INSTITUTION: A FOLLOW-UP STUDY

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ABSTRACT

There are a substantial number of mentally ill individuals within the prison system in need of treatment and supervision in order to survive in the prison setting. Preliminary evidence suggests that a psychosocial rehabilitation approach that emphasizes social skills training is effective in teaching social and independent living skills to mentally ill inmates. This study examined the durability of gains made by participants of these programs. A follow-up interview was devised for inmates from Brown Creek Correctional Institutions’ Social Skills Day Training Program to assess retention of knowledge obtained from the program, symptom severity, general functioning of participants both before and after treatment, and overall satisfaction with the program. The findings of this research project indicated that knowledge is maintained, while the application of skills is not. Symptom severity was reduced and overall functioning was improved, and participants reported high levels of satisfaction with the program overall. The findings support development of similar programs both within and outside the North Carolina prison system.
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DEDICATION

This thesis is dedicated to the ones in my life that have never given up on me and loved me unconditionally, even through the hard times: my parents, David and Teresa, my sister, Katie, and God.
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