Background and preliminary results of a growing interdisciplinary rural school mental health collaborative

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Assessment, Support, and Counseling (ASC) Center

- WHS and other stakeholders
- Services Available
  - Crisis Intervention
  - Teacher Consultation
  - Education
  - Assessment
  - Brief Therapy
  - Referral
Innovative Approaches

• Interdisciplinary and interagency approach in an educational setting
  – Counselors
  – Social Workers
  – Teachers
  – Administrators
  – Staff
  – New River Behavioral Healthcare
  – Resource Officers
  – ASU Affiliates
Weekly Interdisciplinary Staffing
Justification for the ASC Center

- Caring about children and families
- No hidden agenda
- Reduce stigma
- Reduce barriers to access (e.g., transportation, financial constraints)
- Getting the necessary stakeholders involved
Evolving Service Model

• Go to where the youth are
• Serve at the pleasure of the school
• Reach out
• Provide access to resources
• Focus on issues that have mental health implications
  – Academic success
  – School connectedness
• Accelerate, expedite access to resources
Evolving Service Model

• Strong educational component
• For graduate students, vertical (and interdisciplinary) team model
• For school staff, weekly intra- and interagency collaboration
Core Features

- Multiple levels of supervision
  - Increased monitoring
  - Consultation
  - Violence and suicide risk assessments
  - Coordinated safety plans
  - Multi-layered accountability
  - Law enforcement integrated
Future Directions

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